

TIPS FOR POSITIVE PARENTING AND GOOD COMMUNICATION WITH YOUR CHILD'S SCHOOL



Listen to your child. Take time to understand their needs and perspective before giving them advice.



Take time everyday to check in with your child about school and friends. Asking direct and specific questions lets them know you care about what is going on in their lives.



Positively encourage your child. Saying "I love you" often and things like, "I know you can handle it" and "You can ask for help" will make your child feel more confident in all areas of their life.



Share your personal needs and feeling with your child. Express yourself with words like, angry, excited, scared, etc. This helps children express themselves and build an emotional vocabulary.



Give your child's teacher your contact information.



Attend parent-teacher conferences. Go with a list of questions to ask or concerns you wish to discuss.



Try to attend open houses and other school events.



Read school's handbook and all correspondence.



If your child misses school, inform the school office and arrange for make-up lessons with your child's teachers



Look over your child's report card. If anything concerns you, contact your child's teacher and ask the school what resources are available for additional support.





Established in 1991, Youth Heartline improves positive long-term outcomes and access to services by reducing risk factors and barriers for underserved children and families in Colfax, Taos, and Union Counties.

WE NEED 10 CASA VOLUNTEERS!



1,841 Foster children in New Mexico

50 Foster children without CASAs in Taos County

CHILDREN WITH CASAs ARE:

CASA Volunteers:

- ✓ Advocate for a foster child's best interest
- ✓ Fully trained by Youth Heartline
- ✓ Commit 5-10 hours/month
- ✓ Do not need legal experience

 more likely to find a safe and permanent home

 more likely to succeed in school

 less likely to re-enter the foster care system

For more info scan QR code or visit youthheartline.org/volunteer

